Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Broux Yves

Coaches: Smeets Mirthe

Coaches: Collen Rutger

Coaches: Kozulya Mila

Coaches: Gavriilakis Melanie

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:2, starttime: 08:39

Heat: 2/4 Lane : 2 Athlete: VANHAEN ALESSIA **Q-time: 06:11:83**

PB (25m pool): 06:11.83 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:39.87		01:25.53		02:13.96		03:03.02
		00:39.87		*00:45.66*		*00:48.43*		*00:49.06*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:52.77		04:42.78		05:28.23		06:11.83
		00:49.75		*00:50.01*		*00:45.45*		*00:43.60*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:2, starttime: 08:39

Heat: 2/4 Lane : 4 Athlete: RATSITSKA IRINI **Q-time: 05:53:44**

PB (25m pool): 05:53.44 Hasselt 12/10/2025 **PB (50m pool):** 06:21.36 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:37.50		01:20.37		02:05.67		02:52.20
		00:37.50		*00:42.87*		*00:45.30*		*00:46.53*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:38.37		04:24.51		05:09.80		05:53.44
		00:46.17		*00:46.14*		*00:45.29*		*00:43.64*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 400M FREESTYLE WOMEN 11+ — Heat:3, starttime: 08:47

Heat: 3/4 Lane : 1 Athlete: BERGHS JINSE — **Q-time: 05:30:47**

PB (25m pool): 05:30.47 Arendonk 30/11/2025 **PB (50m pool):** 05:33.26 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:17.32		no time		02:42.03
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:30.47
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 08:53

Heat: 4/4 Lane : 2 Athlete: VANHEES HANNAH — **Q-time: 05:08:36**

PB (25m pool): 05:08.36 Aarschot 26/04/2026 **PB (50m pool):** 05:14.76 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:34.41		01:13.34		01:52.81		02:32.17
	00:34.41		*00:38.93*		*00:39.47*		*00:39.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:11.77		03:51.25		04:30.97		05:08.36
	00:39.60		*00:39.48*		*00:39.72*		*00:37.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 08:53

Heat: 4/4 Lane : 3 Athlete: MüLLER RENA — **Q-time: 05:00:54**

PB (25m pool): 05:00.54 Tremelo 25/05/2025 **PB (50m pool):** 05:08.75 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:11.05		no time		02:27.75
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:00.54
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 08:53

Heat: 4/4 Lane : 5 Athlete: DREESSEN LYANA — **Q-time: 05:19:13**

PB (25m pool): 05:19.13 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:36.39		01:15.93		01:56.81		02:38.30
		00:36.39		*00:39.54*		*00:40.88*		*00:41.49*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB		03:19.60		04:00.26		04:41.80		05:19.13
		00:41.30		*00:40.66*		*00:41.54*		*00:37.33*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ — Heat:2, starttime: 09:06

Heat: 2/5 Lane : 2 Athlete: CHRISTIAENS GIEL — **Q-time: 06:38:55**

PB (25m pool): 06:38.55 Zwembad De Motte 20/06/2026 **PB (50m pool):** 07:17.19 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:32.28		no time		03:15.78
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		06:38.55
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ — Heat:2, starttime: 09:06

Heat: 2/5 Lane : 4 Athlete: NYS ROBBE — **Q-time: 06:29:83**

PB (25m pool): 06:29.83 Zwembad De Motte 20/06/2026 **PB (50m pool):** 07:39.95 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:32.51		no time		03:13.48
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		06:29.83
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 2: 400M FREESTYLE MEN 11+ — **Heat:3, starttime: 09:14**

Heat: 3/5 Lane : 2 Athlete: THOELEN SIMON — **Q-time: 05:23:86**

PB (25m pool): 05:23.86 Aarschot 26/04/2026 **PB (50m pool):** 05:29.34 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:36.45		01:17.54		01:59.52		02:40.68
		00:36.45		*00:41.09*		*00:41.98*		*00:41.16*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:22.27		04:04.37		04:45.20		05:23.86
		00:41.59		*00:42.10*		*00:40.83*		*00:38.66*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ — **Heat:3, starttime: 09:14**

Heat: 3/5 Lane : 6 Athlete: VANDEBROUCK ARNO — **Q-time: 06:20:14**

PB (25m pool): 06:20.14 Zwembad De Motte 20/06/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:29.16		no time		03:05.15
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:20.14
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ — **Heat:4, starttime: 09:21**

Heat: 4/5 Lane : 5 Athlete: TORDEUR ILIAS — **Q-time: 04:58:50**

PB (25m pool): 04:58.50 Hasselt 12/10/2025 **PB (50m pool):** 05:04.21 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:33.07		01:09.94		01:47.70		02:25.74
		00:33.07		*00:36.87*		*00:37.76*		*00:38.04*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:04.29		03:42.93		04:21.30		04:58.50
		00:38.55		*00:38.64*		*00:38.37*		*00:37.20*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 2: 400M FREESTYLE MEN 11+ — Heat:5, starttime: 09:26

Heat: 5/5 Lane : 5 Athlete: TORDEUR KILIAN — **Q-time: 04:45:52**

PB (25m pool): 04:45.52 Aarschot 26/04/2026 **PB (50m pool):** 04:48.71 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:32.59		01:08.72		01:45.04		02:21.90
		00:32.59		*00:36.13*		*00:36.32*		*00:36.86*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		02:58.75		03:35.14		04:11.47		04:45.52
		00:36.85		*00:36.39*		*00:36.33*		*00:34.05*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:32

Heat: 1/8 Lane : 2 Athlete: EL MASSAOUDI ADAM — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 3 Athlete: TORDEUR ROMI — **Q-time: 02:04:32**

PB (25m pool): 02:04.32 Aarschot 26/04/2026 **PB (50m pool):** 02:10.08 **SB:** no time

	25M	50M	75M	100M	
PB		01:00.88		02:04.32	
		01:00.88		*01:03.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 5 Athlete: OTTO ALISA — **Q-time: 02:16:95**

PB (25m pool): no time **PB (50m pool):** 02:16.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:4, starttime: 09:41

Heat: 4/8 Lane : 5 Athlete: BROUWERS MATHIEU — **Q-time: 01:51:10**

PB (25m pool): 01:51.10 Aarschot 26/04/2026 **PB (50m pool):** 01:49.66 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:53.17		01:51.10	
		00:53.17		*00:57.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:4, starttime: 09:41

Heat: 4/8 Lane : 6 Athlete: PUTTEVILS STELLA — **Q-time: 01:54:95**

PB (25m pool): no time **PB (50m pool):** 01:54.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:5, starttime: 09:44

Heat: 5/8 Lane : 3 Athlete: JAEKEN STAN — **Q-time: 01:45:56**

PB (25m pool): 01:45.56 Aarschot 26/04/2026 **PB (50m pool):** 01:43.16 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.20		01:45.56	
		00:51.20		*00:54.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:8, starttime: 09:51

Heat: 8/8 Lane : 1 Athlete: OLAERTS FLORIS — **Q-time: 01:34:45**

PB (25m pool): 01:34.45 Aarschot 26/04/2026 **PB (50m pool):** 01:40.56 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.97		01:34.45	
		00:45.97		*00:48.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:8, starttime: 09:51

Heat: 8/8 Lane : 3 Athlete: LOPEZ Y LOPEZ LEóN — **Q-time: 01:25:26**

PB (25m pool): 01:25.26 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:27.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:25.26	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:1, starttime: 09:54

Heat: 1/12 Lane : 3 Athlete: LBALI ALISA-SARA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 10:06

Heat: 6/12 Lane : 1 Athlete: GABRIëLS AMELIA — **Q-time: 01:27:18**

PB (25m pool): 01:27.18 Lommel 22/02/2026 **PB (50m pool):** 01:28.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.64		01:27.18	
		00:42.64		*00:44.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:9, starttime: 10:13

Heat: 9/12 Lane : 1 Athlete: HABRAKEN AMBER — **Q-time: 01:19:78**

PB (25m pool): 01:19.78 Pelt 05/10/2025 **PB (50m pool):** 01:23.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.50		01:19.78	
		00:38.50		*00:41.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:10, starttime: 10:15

Heat: 10/12 Lane : 2 Athlete: JANSSEN LAUREN — **Q-time: 01:17:29**

PB (25m pool): 01:17.29 Maastricht 30/12/2025 **PB (50m pool):** 01:20.34 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.47		01:17.29	
		00:37.47		*00:39.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:10, starttime: 10:15

Heat: 10/12 Lane : 6 Athlete: KOREN ZARA — **Q-time: 01:18:16**

PB (25m pool): 01:16.97 Tremelo 26/05/2024 **PB (50m pool):** 01:18.85 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:16.97	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 10:17

Heat: 11/12 Lane : 2 Athlete: TORDEUR LUCIE — **Q-time: 01:14:91**

PB (25m pool): 01:14.10 Maastricht 30/12/2024 **PB (50m pool):** 01:15.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.33		01:14.10	
		00:36.33		*00:37.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 10:17

Heat: 11/12 Lane : 6 Athlete: CUYPERS LINNE — **Q-time: 01:15:79**

PB (25m pool): 01:15.79 Pelt 05/10/2025 **PB (50m pool):** 01:19.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.30		01:15.79	
		00:36.30		*00:39.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:12, starttime: 10:19

Heat: 12/12 Lane : 3 Athlete: BROUX ELISE — **Q-time: 01:09:44**

PB (25m pool): 01:09.44 Pelt 05/10/2025 **PB (50m pool):** 01:12.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.33		01:09.44	
		00:33.33		*00:36.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:12, starttime: 10:19

Heat: 12/12 Lane : 6 Athlete: ZANGARI AURORA — **Q-time: 01:14:63**

PB (25m pool): 01:14.63 Maastricht 30/12/2025 **PB (50m pool):** 01:16.52 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.04		01:14.63	
		00:36.04		*00:38.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:1, starttime: 10:21

Heat: 1/8 Lane : 3 Athlete: QUENIS ROB — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:3, starttime: 10:26

Heat: 3/8 Lane : 4 Athlete: NYS ROBBE — **Q-time: 01:41:79**

PB (25m pool): 01:41.79 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:43.76 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:41.79	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:4, starttime: 10:29

Heat: 4/8 Lane : 2 Athlete: VANDEBROUCK ARNO — **Q-time: 01:33:14**

PB (25m pool): 01:33.14 Bree 31/05/2026 **PB (50m pool):** 01:35.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.50		01:33.14	
		00:46.50		*00:46.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:4, starttime: 10:29

Heat: 4/8 Lane : 4 Athlete: KäHLER MATHIAS — **Q-time: 01:30:71**

PB (25m pool): 01:30.71 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:33.09 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.62		01:30.71	
		00:43.62		*00:47.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:4, starttime: 10:29

Heat: 4/8 Lane : 5 Athlete: MWIRI SAM — **Q-time: 01:33:26**

PB (25m pool): no time **PB (50m pool):** 01:33.26 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:5, starttime: 10:31**

Heat: 5/8 Lane : 4 Athlete: ILGAZ EMRE **Q-time: 01:27:47**

PB (25m pool): 01:27.47 Lommel 22/02/2026 **PB (50m pool):** 01:31.60 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.48		01:27.47	
		00:42.48		*00:44.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:5, starttime: 10:31**

Heat: 5/8 Lane : 6 Athlete: POORTERS ARNE **Q-time: 01:29:38**

PB (25m pool): 01:29.38 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:31.24 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:29.38	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:6, starttime: 10:34**

Heat: 6/8 Lane : 3 Athlete: VANRUSSELT RAFAëL **Q-time: 01:22:77**

PB (25m pool): 01:22.77 Bree 31/05/2026 **PB (50m pool):** 01:24.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.29		01:22.77	
		00:40.29		*00:42.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:6, starttime: 10:34**

Heat: 6/8 Lane : 5 Athlete: CUYPERS MAXIME **Q-time: 01:25:09**

PB (25m pool): 01:25.09 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:27.41 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:25.09	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:7, starttime: 10:36**

Heat: 7/8 Lane : 1 Athlete: KONINCKX MATTHIAS **Q-time: 01:20:07**

PB (25m pool): 01:20.07 Lommel 22/02/2026 **PB (50m pool):** 01:20.62 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.19		01:20.07	
		00:38.19		*00:41.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:7, starttime: 10:36**

Heat: 7/8 Lane : 2 Athlete: TORDEUR ILIAS **Q-time: 01:12:90**

PB (25m pool): 01:12.90 Bree 31/05/2026 **PB (50m pool):** 01:14.25 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.74		01:12.90	
		00:35.74		*00:37.16*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:7, starttime: 10:36**

Heat: 7/8 Lane : 4 Athlete: MIJSLINSKI JAYDEN **Q-time: 01:12:19**

PB (25m pool): 01:12.19 Temse 17/11/2025 **PB (50m pool):** 01:12.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.15		01:12.19	
		00:35.15		*00:37.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ **Heat:7, starttime: 10:36**

Heat: 7/8 Lane : 5 Athlete: VANDEBROEK JONAS **Q-time: 01:16:24**

PB (25m pool): 01:16.24 Aarschot 26/04/2026 **PB (50m pool):** 01:19.77 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.35		01:16.24	
		00:37.35		*00:38.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 10:40

Heat: 1/5 Lane : 2 Athlete: VANHAEN ALESSIA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:3, starttime: 10:45

Heat: 3/5 Lane : 4 Athlete: DREESSEN LYANA — **Q-time: 01:26:95**

PB (25m pool): 01:26.95 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:30.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.72		01:26.95	
		00:39.72		*00:47.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 10:47

Heat: 4/5 Lane : 2 Athlete: MüLLER RENA — **Q-time: 01:22:64**

PB (25m pool): 01:27.05 De Sprink 02/06/2024 **PB (50m pool):** 01:22.64 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:27.05	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 10:47

Heat: 4/5 Lane : 4 Athlete: VANHEES HANNAH — **Q-time: 01:21:76**

PB (25m pool): 01:21.76 Aarschot 26/04/2026 **PB (50m pool):** 01:22.19 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.54		01:21.76	
		00:37.54		*00:44.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 10:49

Heat: 5/5 Lane : 3 Athlete: ZANGARI AURORA — **Q-time: 01:08:04**

PB (25m pool): 01:08.04 Maastricht 30/12/2025 **PB (50m pool):** 01:09.81 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.66		01:08.04	
		00:31.66		*00:36.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 10:49

Heat: 5/5 Lane : 6 Athlete: JANSSEN LAUREN — **Q-time: 01:20:55**

PB (25m pool): 01:20.55 Hasselt 12/10/2025 **PB (50m pool):** 01:18.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.96		01:20.55	
		00:36.96		*00:43.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:2, starttime: 10:53

Heat: 2/4 Lane : 4 Athlete: POORTERS ARNE — **Q-time: 01:27:24**

PB (25m pool): 01:27.24 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:31.70 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:27.24	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 10:55

Heat: 3/4 Lane : 2 Athlete: TORDEUR KILIAN — **Q-time: 01:13:98**

PB (25m pool): 01:13.98 Bree 31/05/2026 **PB (50m pool):** 01:15.76 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.62		01:13.98	
		00:34.62		*00:39.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 10:55

Heat: 3/4 Lane : 6 Athlete: THOELEN SIMON — **Q-time: 01:21:14**

PB (25m pool): 01:21.14 Maastricht 30/12/2025 **PB (50m pool):** 01:21.97 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.32		01:21.14	
		00:37.32		*00:43.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 11:09

Heat: 1/8 Lane : 4 Athlete: OTTO ALISA — **Q-time: 02:19:79**

PB (25m pool): 02:24.04 De Sprink Bree 30/05/2026 **PB (50m pool):** 02:19.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:05.56		02:24.04	
		01:05.56		*01:18.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/8 Lane : 3 Athlete: PUTTEVILS STELLA — **Q-time: 02:09:15**

PB (25m pool): no time **PB (50m pool):** 02:09.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/8 Lane : 5 Athlete: EL MASSAOUDI ADAM — **Q-time: 02:12:74**

PB (25m pool): 02:12.74 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:01.90		02:12.74	
		01:01.90		*01:10.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:3, starttime: 11:15

Heat: 3/8 Lane : 1 Athlete: TORDEUR ROMI — **Q-time: 02:02:93**

PB (25m pool): 02:02.93 Zwembad De Motte 20/06/2026 **PB (50m pool):** 02:09.27 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:57.61		02:02.93	
		00:57.61		*01:05.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 11:22

Heat: 6/8 Lane : 1 Athlete: LOPEZ Y LOPEZ LEóN — **Q-time: 01:54:99**

PB (25m pool): 01:54.99 Pelt 05/10/2025 **PB (50m pool):** 01:46.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.63		01:54.99	
		00:54.63		*01:00.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:7, starttime: 11:25

Heat: 7/8 Lane : 1 Athlete: BROUWERS MATHIEU — **Q-time: 01:51:22**

PB (25m pool): 01:51.22 Zwembad De Motte 20/06/2026 **PB (50m pool):** 02:00.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.44		01:51.22	
		00:51.44		*00:59.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:8, starttime: 11:27

Heat: 8/8 Lane : 2 Athlete: JAEKEN STAN — **Q-time: 01:44:96**

PB (25m pool): 01:44.96 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:45.66 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.54		01:44.96	
		00:51.54		*00:53.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:8, starttime: 11:27

Heat: 8/8 Lane : 3 Athlete: OLAERTS FLORIS — **Q-time: 01:38:99**

PB (25m pool): 01:38.99 Aarschot 26/04/2026 **PB (50m pool):** 01:45.26 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.71		01:38.99	
		00:47.71		*00:51.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 11:40

Heat: 5/12 Lane : 3 Athlete: BERGHS JINSE — **Q-time: 01:43:44**

PB (25m pool): 01:43.44 Viersen-Dülken 22/03/2026 **PB (50m pool):** 01:50.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:43.44	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 11:45

Heat: 7/12 Lane : 1 Athlete: GABRIëLS AMELIA — **Q-time: 01:39:80**

PB (25m pool): 01:39.80 Maastricht 30/12/2025 **PB (50m pool):** 01:38.16 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.68		01:39.80	
		00:47.68		*00:52.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 11:45

Heat: 7/12 Lane : 5 Athlete: LBALI ALISA-SARA — **Q-time: 01:39:80**

PB (25m pool): 01:39.80 Bilzen 25/01/2026 **PB (50m pool):** 01:39.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.82		01:39.80	
		00:47.82		*00:51.98*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 11:47

Heat: 8/12 Lane : 3 Athlete: RATSITSKA IRINI — **Q-time: 01:35:30**

PB (25m pool): 01:35.30 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:36.14 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.33		01:35.30	
		00:44.33		*00:50.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 11:49

Heat: 9/12 Lane : 2 Athlete: KOREN ZARA — **Q-time: 01:32:99**

PB (25m pool): 01:32.39 Maastricht 30/12/2024 **PB (50m pool):** 01:35.34 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.08		01:32.39	
		00:44.08		*00:48.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 11:53

Heat: 11/12 Lane : 4 Athlete: HABRAKEN AMBER — **Q-time: 01:27:59**

PB (25m pool): 01:27.59 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:32.25 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.26		01:27.59	
		00:41.26		*00:46.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:12, starttime: 11:55

Heat: 12/12 Lane : 6 Athlete: CUYPERS LINNE — **Q-time: 01:26:73**

PB (25m pool): 01:26.73 Maastricht 30/12/2025 **PB (50m pool):** 01:31.88 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.09		01:26.73	
		00:41.09		*00:45.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 100M BREASTSTROKE MEN 11+ — **Heat:3, starttime: 12:03**

Heat: 3/8 Lane : 6 Athlete: MWIRI SAM — **Q-time: 02:03:35**

PB (25m pool): no time **PB (50m pool):** 01:50.04 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — **Heat:5, starttime: 12:08**

Heat: 5/8 Lane : 1 Athlete: CHRISTIAENS GIEL — **Q-time: 01:42:91**

PB (25m pool): 01:42.91 Aarschot 26/04/2026 **PB (50m pool):** 01:43.01 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.32		01:42.91	
		00:48.32		*00:54.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — **Heat:5, starttime: 12:08**

Heat: 5/8 Lane : 4 Athlete: VANRUSSELT RAFAëL — **Q-time: 01:36:29**

PB (25m pool): 01:36.29 Bree 31/05/2026 **PB (50m pool):** 01:39.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.91		01:36.29	
		00:44.91		*00:51.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — **Heat:6, starttime: 12:10**

Heat: 6/8 Lane : 6 Athlete: KäHLER MATHIAS — **Q-time: 01:35:41**

PB (25m pool): 01:35.41 Bree 31/05/2026 **PB (50m pool):** 01:38.60 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.87		01:35.41	
		00:44.87		*00:50.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:7, starttime: 12:12

Heat: 7/8 Lane : 3 Athlete: MIJSLINSKI JAYDEN — **Q-time: 01:19:42**

PB (25m pool): 01:19.42 Temse 17/11/2025 **PB (50m pool):** 01:19.99 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.36		01:19.42	
		00:37.36		*00:42.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:7, starttime: 12:12

Heat: 7/8 Lane : 6 Athlete: CUYPERS MAXIME — **Q-time: 01:28:51**

PB (25m pool): 01:28.51 Aarschot 26/04/2026 **PB (50m pool):** 01:31.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.05		01:28.51	
		00:42.05		*00:46.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ — Heat:1, starttime: 12:16

Heat: 1/2 Lane : 1 Athlete: TEAM GZVN 2 — **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ — Heat:1, starttime: 12:16

Heat: 1/2 Lane : 5 Athlete: TEAM GZVN 1 — **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 4x50M FREESTYLE MEN 11+ **Heat:1, starttime: 12:23**

Heat: 1/2 Lane : 3 Athlete: TEAM GZVN 1 **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x50M FREESTYLE MEN 11+ **Heat:2, starttime: 12:26**

Heat: 2/2 Lane : 6 Athlete: TEAM GZVN 2 **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: